

PREScriptions

BOONE COUNTY MEDICAL SOCIETY
VOL. 35, NO. 7 SEPTEMBER/OCTOBER 2018



FEATURED IN THIS ISSUE

Virtual Dementia Training

Boone • Howard • Cooper



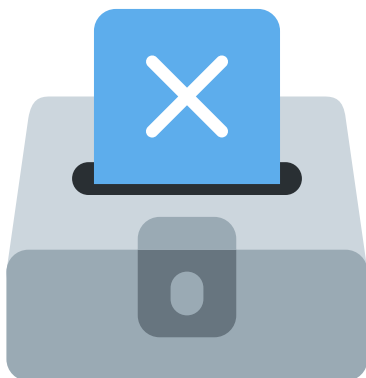
Program on Alzheimer's & Dementia

At the Sept. 4 General Membership meeting, nearly three dozen attendees heard a presentation focused on Alzheimer's disease and dementia, and then walked in the footsteps of dementia patients through a virtual training program. The event was held at Columbia's Provision Living, which specializes in assisted living and memory care. See pages 4-5 for photos from the event.



BCMS PRESIDENT NAMED ASSISTANT DEAN FOR FACULTY AFFAIRS AT MU MED SCHOOL

BCMS President Frederick Fraunfelder, MD, MBA, has been appointed to serve as the assistant dean for faculty affairs at the MU School of Medicine. Full story on page 7.



OFFICERS FOR 2019

At the Sept. 4 General Membership meeting, officers and board members for 2019 were elected. The list of BCMS leaders is on page 8.

BOONE COUNTY MEDICAL SOCIETY



Prescriptions Newsletter

Prescriptions is the newsletter of the Boone County Medical Society. It is published bi-monthly for members of BCMS (physicians in Boone, Cooper and Howard counties). Deadline for submissions is the 15th of each month preceding publication. Send submissions to bcms@socket.net.

Mission:

The Boone County Medical Society's mission is to support the physicians of Boone, Cooper and Howard counties, and others across the State of Missouri, in their efforts to provide high-quality, patient-centered care.

Vision:

BCMS will be an indispensable unifying voice for the physicians in Boone, Cooper and Howard counties in:

~ Providing high-quality continuing medical education.

~ Advocating for the physicians and patients of Boone, Cooper and Howard counties as well as others across the State of Missouri.

~ Providing mentorship for the next generation of physicians through professional development and active participation in organized medicine.

Our Values:

The Boone County Medical Society will embrace the values of leadership, professionalism, collegiality, advocacy, transparency, inclusiveness and fairness while pursuing its vision and mission.

BCMS Leadership

President: Frederick Fraunfelder, MD, MBA

President Elect: Josh Hamann, MD

Secretary: Mohammad Agha, MD

Treasurer: Alan Hillard, MD

Immediate Past President: Raghav Govindarajan, MD

Board Members: John Pardalos, MD; Larry Lampton, MD; Amy Zguta, MD; Laine Young-Walker, MD; Quinn Johnson, MD; Trey James, MD; Lisa Thomas, MD

MU AMA-MSS BCMS Liaison: Lauren Lester

Boone County Medical Society
P.O. Box 1028, Jefferson City, MO, 65102
800-869-6762 bcms@socket.net
www.boonecountymedicalsociety.org

CME PROGRAM FOCUSES ON ALZHEIMER'S & DEMENTIA

Aging and Alzheimer's

On Sept. 4, members of the Boone County Medical Society met at Provision Living-Columbia, where CME presentations focused on Alzheimer's disease and dementia. Speakers included Gregory Day, MD, Assistant Professor of Neurology at Washington University School of Medicine in St. Louis (pictured top left), and Adrienne Holden from the Greater Missouri Chapter of Alzheimer's Association (pictured lower right). Staff from Provision Living, including Community Resource Manager Denise Falco, then led attendees through virtual dementia training. The training required participants to wear special footwear, headphones and glasses, all designed to demonstrate how people with dementia and Alzheimer's see the world around them and function when facing everyday tasks (photos on next page).



Caregiver's burden and scope

- *In 2016, 15.9 million family and other unpaid caregivers (in the U.S.) provided nearly 18.2 billion hours of care to people with Alzheimer's and other dementias.*
- *Alzheimer's is the third most expensive disease among older adults, after heart disease and cancer.*

Alzheimer's disease facts

- *Alzheimer's is the 6th leading cause of death in people ages 65 years old and older.*
- *Unlike other major diseases, which caused fewer deaths in 2008 than in 2000, Alzheimer's deaths rose by 66 percent.*



VIRTUAL DEMENTIA TRAINING



BCMS member Mila Cunningham, MD, listens to instructions given by Michele Sprague, RN, (left) from Provision Living, and Jennifer Beshears of Hospice Campassus. During the virtual dementia exercise, instructions to complete a task were only given once - and made more difficult by earphones imiting the ability to hear.

After going through the training, BCMS members discussed their experiences and reviewed their "scores" with Provision Living staff. Pictured clockwise from left are Mary Muscato, MD; Pam Gulley, MD; Lisa Thomas, MD; Provision Living Community Resource Manager Denise Falco; and Joe Muscato, MD.



Resources For Physicians, Patients

- alz.org/hcps (for physicians)
- 24/7 Helpline: 800.272.3900
- alz.org

Fraunfelder Appointed to Assistant Dean's Position

Provided by MU School of Medicine

BCMS President Frederick W. Fraunfelder, MD, MBA, was appointed assistant dean for faculty affairs at the MU School of Medicine, effective Sept. 1, 2018.

Fraunfelder has served as chair of the Department of Ophthalmology and director of the Mason Eye Institute since 2014. He will continue in these roles as he helps in a variety of areas including faculty development and leadership trainings for our medical school faculty. He will work alongside Michael Misfeldt, PhD, senior associate dean for faculty affairs.

In addition to his expertise in corneal disease, Fraunfelder is a nationally recognized expert in the ocular side effects of drugs. His research focuses on the effects of cryotherapy on ocular tumors. He has published more than 100 peer-reviewed articles, served as an author of four books and has written more than 30 book chapters, with many of these publications dealing with ocular toxicology.

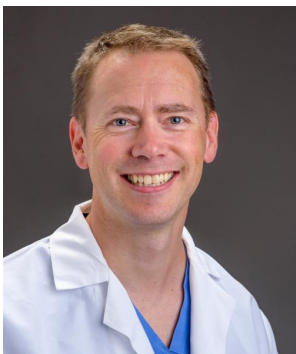


Frederick Fraunfelder, MD, MBA

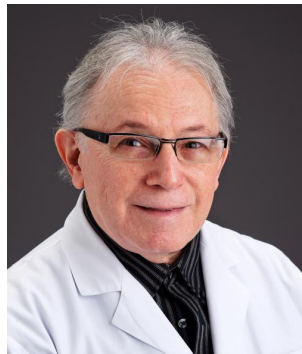
Fraunfelder serves as the director of the National Registry of Drug-Induced Ocular Side Effects. Fraunfelder also serves on the board of directors for the Saving Sight eye bank.

Fraunfelder received his medical degree from Oregon Health & Science University in Portland, Oregon. He completed his ophthalmology residency at the University of Washington Medical Center and completed a fellowship in corneal disease at OHSU. He also received a Master of Business Administration degree in health care management from OHSU.

BCMS Welcomes New Members!



Gregory Manske, MD



Michael Fish, DO



Jason Frost, MD

Our new physician members are on MU Hospital staff at:
Dept. of Anesthesiology
1 Hospital Drive
Columbia, MO 65212

Delafontaine Presides Over White-Coat Ceremony



BCMS member Patrice "Patrick" Delafontaine, MD, the Hugh E. and Sarah D. Stephenson Dean of MU School of Medicine, addressed the 112 medical school students who earned their white coats during ceremonies Aug. 3 at Jesse Hall.



Student Membership Drive at University of Missouri

On Aug. 2, Medical School Society members of BCMS and MSMA attended an Activities Fair at the University of Missouri School of Medicine, where they recruited new student members. As a result of their efforts that day and at a follow-up meeting, 37 student members joined! Thanks to UMC Officers Sonia Boodram, Nikki Kagan, Jasraj Marjara, and Lauren Lester for their hard work! BCMS supplied Taylor reflex hammers and Maxwell pocket guides as an incentive to join.

New Look For BCMS Website!

[HOME](#)[BECOME A MEMBER](#)[MORE...](#)

Welcome to the Boone County Medical Society

Boone County Medical Society (BCMS) was formed in 1902 by local physicians in Boone County. Through the years, BCMS has welcomed physicians from Howard and Cooper counties as well. We are a component society with Missouri State Medical Association (MSMA). BCMS is your local representation to organized medicine.

[Learn more about BCMS and membership.](#)

The BCMS website, www.boonecountymedicalsociety.org, has undergone a significant transformation. The goal of the website is to provide our members with relevant information that allows them to stay up to date with society meetings and events. Members may also use the website to RSVP for general membership meetings and events. The new site is mobile-friendly, and should display well with your smart phone and tablet, as well as your PC. As time allows, please visit the website. If you have feedback, send it to bcms@socket.net.

2019 Officers & Board

Voting for the 2019 BCMS Officers and Board took place at the Sept. 4 General Membership meeting. Leadership for 2019 is: President, Josh Hamann, MD; President-Elect Alan Hillard, MD; Secretary/Treasurer, Mohammad Agha, MD; board members are John Pardalos, MD; Larry Lampton, MD; Amy Zguta, MD; Laine Young-Walker, MD; Trey James, MD; and Lisa Thomas, MD. Frederick Fraunfelder, MD, MBA, is Past-President.



*Follow Boone
County Medical
Society on
Facebook!*

BCMS Memberships, 2019 Dues Schedule

BCMS is a component society of MSMA, therefore, you must belong to MSMA in order to be a BCMS member. Find MSMA's dues schedule online at www.msma.org.

Active: Limited to those MSMA and BCMS dues-paying members who hold a license to practice as a physician or surgeon under the laws of the State of Missouri.

Honor: Active members who have reached advanced years, retired or become incapacitated and are unable to continue their active practice of medicine.

Honorary: Individuals (do not have to be physicians) who have distinguished themselves by special investigational work or personal sacrifice in the cause of medicine.

Resident: Members of the Resident and Fellow Section who are serving a full-time postgraduate training program approved by the AMA or the AOA.

Student: Reside in Boone, Howard or Cooper counties; limited to members of the medical student section who are pursuing a course of study leading to the degree of Doctor of Medicine or Doctor of Osteopathy.

Associate: Health-related professionals not provided for in other categories of membership who wish to become members of BCMS. They also must join MSMA in order to be eligible for BCMS membership.

BCMS 2019 Dues Schedule

Boone County Active: \$225.00

Boone County second-year practice: \$112.50

Boone County first-year practice: \$56.25

Boone County Resident, Retired, Student: No BCMS dues

Boone County Associate: \$120.00

BCMS Birthdays!

SW. Kirt Nichols	Sept. 3
Juan Jose Pineda	Sept. 3
David Pittman	Sept. 7
John Jarstad	Sept. 7
Sanjeev D. Ravipudi	Sept. 8
Christine Franzese	Sept. 12
Don J. Gibson	Sept. 13
John W. Yarbrow	Sept. 15
Charles P. Bondurant	Sept. 17
Cathy Jo Cody	Sept. 20
Kari Martin	Sept. 27
Robert P. Zitsch III	Sept. 28
Frederick Fraunfelder	Sept. 29
James J. Sowash	Oct. 1
Dana Schoenleber	Oct. 4
Milamari Cunningham	Oct. 4
John Baird	Oct. 7
Stephen H. Weinstein	Oct. 8
Maarten Nieuwenhuizen	Oct. 8
Michael J. Szewczyk	Oct. 8
Christian Rojas Moreno	Oct. 10
Gilbert Ross	Oct. 11
Erica Ballard	Oct. 11
Peter Koopman	Oct. 11
Scott Lucchese	Oct. 14
Paul Thompson	Oct. 14
James Zaner	Oct. 15
Kulangara Zacharias	Oct. 16
David L. Brown	Oct. 19
Laurie B. Fowler	Oct. 19
Chris Martin	Oct. 19
Robert M. Thomas	Oct. 20
William Underwood	Oct. 20
Jerry Murrell	Oct. 20
Janice L. Seabaugh	Oct. 21
Jeffrey Huebner	Oct. 21
Kara Braudis	Oct. 21
Trisha A. Taylo	Oct. 21
Albert Hsu	Oct. 26
Troy Dean Scheidt	Oct. 27
Lee W. Trammell	Oct. 27
Justin A. Malone	Oct. 31

BCMS Events

Oct. 2, 2018

Board Meeting, 5:30 p.m.

Columbia Orthopaedic Group Conference Room

Nov. 6, 2018

Board Meeting, 5:30 p.m.

Fall DIG Meeting: Social 6 p.m., dinner at 6:15 p.m.

Presentation from FBI Agent Chad John, 6:30 p.m.

Boone Hospital, Conference Room 1C

Dec. 4, 2018

Board Meeting, 5:30 p.m.

Columbia Orthopaedic Group Conference Room

Jan. 8, 2019

Board Meeting (with 2018 and 2019 officers and board members), 5:30 p.m.

Columbia Orthopaedic Group Conference Room

Feb. 2, 2019, BCMS Gala

Our 2019 Gala will be at The Club at Old Hawthorne, 6221 E. Broadway, in Columbia. The Gala begins with a social at 6 p.m., followed by dinner, a program and the installation of BCMS Officers for 2019. The cost is \$50 per attendee. Mark your calendars and plan to attend! More information will be released in the coming weeks.

Feb. 5, 2019

Board Meeting, 5:30 p.m.

Columbia Orthopaedic Group Conference Room

March 5, 2019

Board Meeting, 5:30 p.m.

Spring Membership Meeting: Social, 6 p.m.; dinner, 6:15 p.m.; Dinner presentation (topic TBD) at 6:45 p.m.

Location TBD



BCMS Retired Physicians

The retired physicians group meets at noon on the third Wednesday of each month at Arris Pizza, 1020 E. Green Meadows (near Kohl's) in Columbia.

Upcoming meeting dates are: Sept. 19 and Oct. 17. Due to Thanksgiving, there is no luncheon in November.

Lunch is Dutch treat, and you do not need to RSVP to attend.

