

# PREScriptions

BOONE COUNTY MEDICAL SOCIETY  
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FEATURED IN THIS ISSUE

## *Global Problem, Local Impact*

*Serving Physicians in Boone, Cooper and Howard counties*

[www.BooneCountyMedicalSociety.org](http://www.BooneCountyMedicalSociety.org)



# Human trafficking in the spotlight

At the November 6 Doctor Interest Group (DIG) meeting, BCMS members and their guests heard about the global issue of human trafficking. The presentation was led by FBI Special Agent Chad John, who shared information about the warning signs and impacts of human trafficking. More information on page 4.



## BCMS ANNOUNCES SCHOLARSHIP RECIPIENTS

The BCMS and Ladenson Scholarship committees have completed their work and are ready to announce scholarship winners for this year. Find out who was honored and learn more about the recipients on page 5.

## EVENT FOR MED STUDENTS AND RESIDENCY PROGRAM DIRECTORS

The Roof in downtown Columbia was packed on October 5, when BCMS co-hosted a Residency Program Directors Forum for MU's third-year med school students. More details on pages 6-7.

# BOONE COUNTY MEDICAL SOCIETY



## Prescriptions Newsletter

*Prescriptions is the newsletter of the Boone County Medical Society. It is published bi-monthly for members of BCMS (physicians in Boone, Cooper and Howard counties). Deadline for submissions is the 15th of each month preceding publication. Send submissions to [bcms@socket.net](mailto:bcms@socket.net).*

### **Mission:**

The Boone County Medical Society's mission is to support the physicians of Boone, Cooper and Howard counties, and others across the State of Missouri, in their efforts to provide high-quality, patient-centered care.

### **Vision:**

BCMS will be an indispensable unifying voice for the physicians in Boone, Cooper and Howard counties in:

~ Providing high-quality continuing medical education.

~ Advocating for the physicians and patients of Boone, Cooper and Howard counties as well as others across the State of Missouri.

~ Providing mentorship for the next generation of physicians through professional development and active participation in organized medicine.

### **Our Values:**

The Boone County Medical Society will embrace the values of leadership, professionalism, collegiality, advocacy, transparency, inclusiveness and fairness while pursuing its vision and mission.

### **BCMS Leadership**

**President:** Frederick Fraunfelder, MD, MBA

**President Elect:** Josh Hamann, MD

**Secretary:** Mohammad Agha, MD

**Treasurer:** Alan Hillard, MD

**Immediate Past President:** Raghav Govindarajan, MD

**Board Members:** John Pardalos, MD; Larry Lampton, MD; Amy Zguta, MD; Laine Young-Walker, MD; Quinn Johnson, MD; Trey James, MD; Lisa Thomas, MD

**MU AMA-MSS BCMS Liaison:** Lauren Lester

**Boone County Medical Society**  
P.O. Box 1028, Jefferson City, MO, 65102  
800-869-6762      [bcms@socket.net](mailto:bcms@socket.net)  
[www.BooneCountyMedicalSociety.org](http://www.BooneCountyMedicalSociety.org)

## GLOBAL ISSUE TAKES CENTER STAGE AT DOCTOR INTEREST GROUP MEETING

# Human trafficking

*On November 6, members of the Boone County Medical Society met at Boone Hospital, where FBI Agent Chad John gave a presentation on human trafficking. Agent John focused on the warning signs of human trafficking, the populations most likely to be victimized by the crime, and what people can do if they suspect someone is being trafficked. He also shared first-hand experiences he's had investigating human-trafficking cases. While there are many kinds of human trafficking, including labor trafficking - where people are forced to work for no pay or unfair wages under threat of violence or fraud - sex trafficking is most common. Many of the victims in sex-trafficking cases are juveniles (those ages 17 and younger).*



*"I know it's a heinous crime, and it's happening here in central Missouri."*

*- FBI Agent Chad John on human trafficking*



*Human trafficking is defined as: Compelling or coercing a person's labor, services, or commercial sex acts and often involves the use of force, fraud, and/or coercion to compel victims to engage in such labor or services.*



# CONGRATS TO OUR SCHOLARSHIP WINNERS!



Meghna Srinath

**Meghna Srinath** is a fourth-year medical student at the University of Missouri-Columbia School of Medicine. A Columbia native and graduate of Hickman High School, Meghna attended Washington University in St. Louis, where she earned a B.A. in Biology, and went on to graduate school at Emory University in Atlanta, GA., where she earned her Master of Public Health (Epidemiology) degree.

During her career, she hopes to care for underserved populations as a family physician; to stay active in policy/legislative/advocacy efforts on behalf of her patients; and to stay involved in public health work. As a student, she's been very active in organized medicine through the Mizzou AMA chapter, serving as the Legislative Chair, Vice President and Secretary. She helped organize the chapter's involvement in the MSMA White Coat Lobby Day and organized an advocacy week focused on ending opioid abuse.

The BCMS Scholarship and Ladenson Scholarship committees and the BCMS Board are pleased to announce the 2018 BCMS and Ladenson Scholarship winners, Meghna Srinath and Rebecca Aguayo. Srinath (left) is the BCMS Scholarship recipient; Aguayo (right) is the Ladenson Scholarship recipient.



Rebecca Aguayo

**Rebecca Aguayo** is a fourth-year medical student at the University of Missouri-Columbia School of Medicine.

A St. Charles native and graduate of Francis Howell Central High School, Rebecca attended Truman State University in Kirksville and Missouri State University in Springfield, where she earned a B.S. in biology.

Rebecca outlined three main goals for her career: to consistently work to raise the standards in the practice of primary care medicine, work to achieve better healthcare access and improved population health in her community, and find ways to advocate for her patients and community when she has knowledge that can be of benefit to both.

"I have been working on better understanding my professional identity and forming avenues for how I will begin or continue to incorporate

# MU Residency Program Directors Forum in Columbia

Physicians serving as residency and fellowship program directors at the University of Missouri School of Medicine had an opportunity to make their pitch to future residents on October 5.

At the Residency Program Directors Forum, co-hosted by BCMS and the School of Medicine's Department of Ophthalmology, nearly 20 physicians had the opportunity to showcase their respective programs to Mizzou's M3s. Each director was given a few minutes to speak about what makes their program unique and why students might want to consider it as they begin focusing on residencies and fellowships.

Missouri State Medical Association President Joseph Corrado, MD, a surgeon from Mexico, Mo., also spoke at the event. Dr. Corrado highlighted the role organized medicine plays in the careers of physicians and encouraged those in attendance to get involved early and to stay involved throughout their careers.

BCMS President Frederick Fraunfelder emceed the event, which was attended by more than 70 physicians and students.

**More photos on next page**



*Above, a large crowd attends the Residency Program Directors Forum on October 5. Below, Dr. Kevin Staveley O'Carroll, MD, Department of Surgery Director at Ellis Fischel Cancer Center stops for a photo after addressing the students. O'Carroll (left) is pictured with MSMA President Joseph Corrado, MD, FACS, (center) Chief of Surgery at SSM-St. Mary's Audrain Hospital in Mexico, Missouri; and BCMS President Frederick Fraunfelder, MD, MBA, the Roy E. Mason and Elizabeth Patee Mason Distinguished Professor and Chair of Ophthalmology. Fraunfelder also serves as the clinic medical director of the Mason Eye Institute.*

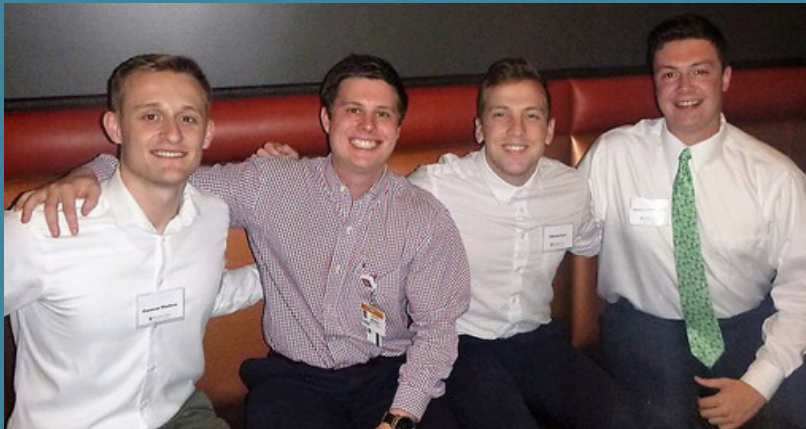




## HIGHLIGHTS FROM RESIDENCY DIRECTORS FORUM



Medical school students heard from a variety of residency and fellowship program directors at the Residency Program Directors Forum co-hosted by BCMS on October 5 in downtown Columbia. In the photo below, MSMA President Joseph Corrado, MD, stops to chat with BCMS Board Member John Pardalos, MD, a neonatologist at Women's and Children's Hospital. Dr. Pardalos is Medical Director of the Children's Hospital Transport Service and Neonatal Intensive Care Unit. He's also an Associate Professor of Clinical Child Health.



At left, Dr. David Chang, MD, revs up the crowd as he gives an overview of the otolaryngology residency at MU. Dr. Chang is the Jerry W. Templer, MD, Faculty Scholar in Otolaryngology and serves as an Associate Professor of Clinical Otolaryngology. In addition to being a member of BCMS, Dr. Chang also serves as president of the Missouri Society of Otolaryngology.

## AROUND THE BCMS COMMUNITY



*BCMS Board Member Lisa Thomas, MD, (center) is a leader in organized medicine. Along with serving on the BCMS Board, Dr. Thomas is the medical director for the The Missouri Physicians Health Program (MPHP) and she serves on the Missouri State Medical Association Council, representing District 5. In October, on MPHP's behalf, she accepted a \$1,000 donation from the MSMA Alliance. Pictured from left are MSMA Alliance Immediate Past President Marsha Conant, Dr. Thomas, and MSMA Alliance President Gill Waltman.*

### *Srinath from Page 5*

“Organized medicine has been a huge part of my medical school experience and has taught me valuable skills related to advocacy and policy making. I definitely plan to continue staying active in organized medicine going forward,” Meghna wrote in her scholarship application.

Outside of school, Meghna regularly volunteers at the Central Missouri Food Bank, at the student-run MedZou Clinic, and serves as a committee member on the Gold Humanism Honor Society. She’s also a student representative to the LCME Oversight Steering Committee; Global Health and Health Disparities Curriculum Task Force; and the Independent Student Analysis Survey Team.

### *Aguayo from Page 5*

these (goals) into my regular practice,” Rebecca wrote in her scholarship application.

Rebecca says opportunities offered as part of her education will help make her a better physician. She points to a 2015 Geriatrics Summer Institute at Boston University Medical College, online training provided by the Institute for Healthcare Improvement, experiences working at MedZou, and assisting with Centering Pregnancy group’s prenatal care efforts.

Rebecca has participated in multiple advocacy days with both the Missouri chapter of the American Academy of Pediatrics and the Missouri chapter of the American Academy of Family Physicians.



# BCMS Memberships, 2019 Dues Schedule

BCMS is a component society of MSMA, therefore, you must belong to MSMA in order to be a BCMS member. Find MSMA's dues schedule online at [www.msma.org](http://www.msma.org).

**Active:** Limited to those MSMA and BCMS dues-paying members who hold a license to practice as a physician or surgeon under the laws of the State of Missouri.

**Honor:** Active members who have reached advanced years, retired or become incapacitated and are unable to continue their active practice of medicine.

**Honorary:** Individuals (do not have to be physicians) who have distinguished themselves by special investigational work or personal sacrifice in the cause of medicine.

**Resident:** Members of the Resident and Fellow Section who are serving a full-time postgraduate training program approved by the AMA or the AOA.

**Student:** Reside in Boone, Howard or Cooper counties; limited to members of the Medical Student Section who are pursuing a course of study leading to the degree of Doctor of Medicine or Doctor of Osteopathy.

**Associate:** Health-related professionals not provided for in other categories of membership who wish to become members of BCMS. They also must join MSMA in order to be eligible for BCMS membership.

## BCMS 2019 Dues Schedule

Boone County Active: \$225.00

Boone County second-year practice: \$112.50

Boone County first-year practice: \$56.25

Boone County Resident, Retired, Student: No BCMS dues

Boone County Associate: \$120.00

## BCMS Birthdays!

Geetha Davis, MD	Nov. 1
William Irvin, MD	Nov. 6
Dennis Abernathie, MD	Nov. 11
Richard Weachter, MD	Nov. 13
Thomas Highland, MD	Nov. 13
Robert Conway, MD	Nov. 15
Joseph Muscato, MD	Nov. 15
Ryan Davis, MD	Nov. 16
Lynn Kleopfer, MD	Nov. 16
Tomoko Tanaka, MD	Nov. 19
William Marshall, MD	Nov. 20
James Fairlamb, MD	Nov. 24
Megan Clark, MD	Nov. 25
Daniel Jackson, MD	Nov. 27
Jeffrey Robinson, MD	Dec. 4
Dean Hainsworth, MD	Dec. 4
Alice Landrum, MD	Dec. 4
Wilma Rajcher, MD	Dec. 4
Mary Muscato, MD	Dec. 6
Myles Goble, MD	Dec. 7
Neal Meyer, MD	Dec. 7
Richard Burns, MD	Dec. 8
Ronald Rumpf, MD	Dec. 11
Timothy McGarity, MD	Dec. 12
Fassil Mesfin, MD	Dec. 14
Diego Avella Patino, MD	Dec. 16
Ahmed Elkeeb, MD	Dec. 16
Mark Monroe, MD	Dec. 16
Robert Little, MD	Dec. 16
Curtis Bourgeois, MD	Dec. 18
David Schlossman, MD	Dec. 18
Lewis Garrotto, MD	Dec. 19
Theodore Wills, MD	Dec. 21
Susan Zurowski, MD	Dec. 22
Richard Wolkowitz, MD	Dec. 24
Dana Mazuru, MD	Dec. 27
Karen Thies, DO	Dec. 27
John Seaberg, MD	Dec. 27
Bridget Early, MD	Dec. 29
Laine Young-Walker, MD	Dec. 30
Quinn Johnson, MD	Dec. 31
David Mehr, MD	Dec. 31

# BCMS Events

## December 4, 2018

Board Meeting, 5:30 p.m.

Columbia Orthopaedic Group Conference Room

## January 8, 2019

Board Meeting (with 2018 and 2019 officers and board members), 5:30 p.m.

Columbia Orthopaedic Group Conference Room

## February 2, 2019, BCMS Gala

Our 2019 Gala will be at The Club at Old Hawthorne, 6221 E. Broadway, in Columbia. The Gala begins with a social at 6 p.m., followed by dinner, a program and the installation of BCMS Officers for 2019. The cost is \$55 per attendee, or buy a table for eight for \$400. Mark your calendars and plan to attend! More information will be released in the coming weeks.

## February 5, 2019

Board Meeting, 5:30 p.m.

Columbia Orthopaedic Group Conference Room

## March 5, 2019

Board Meeting, 5:30 p.m.

Spring Membership Meeting: Social, 6 p.m.; dinner, 6:15 p.m.; Dinner presentation (topic TBD) at 6:45 p.m. Location TBD



*Heart of Missouri Master Gardener Steve Ferguson (left, center) spoke to the BCMS Retired Physicians, sharing gardening tips, on September 20.*

## BCMS Retired Physicians

The retired physicians group meets at noon on the third Wednesday of each month at Arris Pizza, 1020 E. Green Meadows (near Kohl's) in Columbia.

Upcoming meeting dates are:  
December 19 and January 16.

**Lunch is Dutch treat, and you do not need to RSVP to attend.**

# LegalShield Services For BCMS Members

Remember that BCMS has a partnership to provide its physician members, as well as their families and employees, access to affordable legal services and identity-theft protection packages. Medical society members can obtain discounts on monthly subscription plans offered by LegalShield and its companion company, IDShield.

To learn more about these packages or to enroll, visit [www.legalshield.com/info/bcms](http://www.legalshield.com/info/bcms).

Or you may contact our LegalShield representative, Rick Shore, at [rrshore@legalshieldassociate.com](mailto:rrshore@legalshieldassociate.com).

Members can talk to a lawyer (in Missouri, services are provided through a Missouri firm, Dubail Judge [www.dubailjudge.com](http://www.dubailjudge.com)), on any personal or business legal matter, no matter how trivial or traumatic, without worrying about hourly costs.

Since 2003, LegalShield has provided identity-theft protection services through IDShield with Kroll, the world's leading company in ID theft consulting and restoration.

Also available are Small Business LegalShield plans to protect your practice. Packages are specially priced and available per the size of your practice (10 or fewer, 50 or fewer, or 100 or fewer employees).



For those members, employees, or family members who have an outside source of income with no employees, such as rental property, LegalShield is offering a Home Business Supplement for our members.

BCMS members may enroll themselves, their families or their employees (as an employee benefit) in either LegalShield or IDShield plans at a discounted rate. The best rates are available when you purchase featured plans including both Legal and ID services. Details online at [www.legalshield.com/info/bcms](http://www.legalshield.com/info/bcms).



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