

PREScriptions

BOONE COUNTY MEDICAL SOCIETY
VOL. 35, NO. 6 JULY/AUGUST 2018



FEATURED IN THIS ISSUE

BCMS Family Fishing Day

Boone • Howard • Cooper

BCMS Hosts Family Event

On July 14, several BCMS members and their families met for a day of fun at Jefferson Farm and Gardens in Columbia. The day included tours of the farm's barn, where mules and a couple of friendly farm cats were a huge hit, and the butterfly house. Plenty of fish were caught by kids and grown-ups alike, and a barbecue lunch was served - all this before a huge and much-needed rainstorm rolled through. See page 4 for pictures from the event.

2019 BCMS OFFICERS & BOARD

At the Sept. 4, 2018, General Membership Meeting, members will be asked to vote on the slate of BCMS officers and board members for 2019. The list of officer candidates and board members is on page 5.

BCMS ON THE WEB, SOCIAL MEDIA

The BCMS website has a new look, yet retains the features our members utilize, including the calendar of events and the online portal to RSVP for special events. BCMS also is on Twitter! Learn more on page 7.



Welcome to the Boone County Medical Society

Boone County Medical Society (BCMS) was formed in 1902 by local physicians in Boone County. Through the years, BCMS has welcomed physicians from Howard and Cooper counties as well. We are a component society with Missouri State Medical

BOONE COUNTY MEDICAL SOCIETY



Prescriptions Newsletter

Prescriptions is the newsletter of the Boone County Medical Society. It is published bi-monthly for members of BCMS (physicians in Boone, Cooper and Howard counties). Deadline for submissions is the 15th of each month preceding publication. Send submissions to bcms@socket.net.

Mission:

The Boone County Medical Society's mission is to support the physicians of Boone, Cooper and Howard counties, and others across the State of Missouri, in their efforts to provide high quality patient-centered care.

Vision:

BCMS will be an indispensable unifying voice for the physicians in Boone, Cooper and Howard counties in:

~ Providing high quality continuing medical education.

~ Advocating for the physicians and patients of Boone, Cooper and Howard counties as well as others across the State of Missouri.

~ Providing mentorship for the next generation of physicians through professional development and active participation in organized medicine

Our Values:

The Boone County Medical Society will embrace the values of leadership, professionalism, collegiality, advocacy, transparency, inclusiveness and fairness while pursuing its vision and mission.

BCMS Leadership

President: Frederick Fraunfelder, MD, MBA

President Elect: Josh Hamann, MD

Secretary: Mohammad Agha, MD

Treasurer: Alan Hillard, MD

Immediate Past President: Raghav Govindarajan, MD

Board Members: John Pardalos, MD; Larry Lampton, MD; Amy Zguta, MD; Laine Young-Walker, MD; Quinn Johnson, MD; Trey James, MD; Lisa Thomas, MD

MU AMA-MSS BCMS Liaison: Lauren Lester

Boone County Medical Society
P.O. Box 1028, Jefferson City, MO, 65102
800-869-6762 bcms@socket.net
www.boonecountymedicalsociety.org

Family Fun in CoMO!

A hot morning gave way to a rainy, windy afternoon at the first-ever BCMS Family Fishing Day on July 14, 2018. More than 35 BCMS members, their families and friends attended the event at Jefferson Farm and Gardens in Columbia. In the photos (clockwise from top left): Donna Corrado, spouse of MSMA President Joseph Corrado, MD, chats with BCMS member Dan Pierce, MD; BCMS member Cliff Strupp, MD, pauses with the impressive large mouth bass his daughter reeled in; BCMS member Albert Hsu, MD, and his family relax in the pavilion while enjoying a barbecue lunch; BCMS member Amy Zguta, MD, shows her children some serious bait-and-tackle skills.



BCMS MEETINGS AND EVENTS



SHINE of Missouri

On June 25, BCMS hosted a presentation on SHINE of Missouri, a health information exchange that MSMA launched in partnership with KAMMCO. The program featured Laura McCrary, EdD, Senior Vice President of KAMMCO and Executive Director of the Kansas Health Information Network, Inc., and Jonathan Smith, MPH, Regional Manager at SHINE of Missouri.

2019 BCMS Officer and Board Candidates

Officers

President: Josh Hamann, MD

President Elect: Alan Hillard, MD

Secretary/Treasurer: Mohammad Agha, MD

Board Members

John Pardalos, MD - Incumbent

Larry Lampton, MD - Incumbent

Amy Zguta, MD - Incumbent

Laine Young-Walker, MD - Incumbent

Trey James, MD - Incumbent

Lisa Thomas, MD - Incumbent

Past President

Frederick Fraunfelder, MD, MBA

The election of Officers and Board members for 2019 will be held at the Sept. 4, 2018, General Membership Meeting and Dinner at Provision Living, 2333 Chapel Hill Road in Columbia. If you cannot attend and would like to cast your ballot or make a nomination prior to the meeting, please email it to the BCMS office at bcms@socket.net, before Sept. 1.



BCMS CME & GENERAL MEMBERSHIP MEETING

A FOCUS ON ALZHEIMER'S AND DEMENTIA

TUESDAY, SEPT. 4, 2018

PROVISION LIVING, 2333 CHAPEL HILL ROAD
COLUMBIA, MO 65203

CME presentation by Adrienne Holden (MSW, MPH, LMSW, ACSW),
Director of Medical Services and Research Initiatives at the
Greater Missouri Chapter of the Alzheimer's Association
and

Andrea Denny (MSW, JD), Outreach, Recruitment and Education Core Leader
at Washington University School of Medicine -
Charles F. and Joanne Knight Alzheimer's Disease Research Center

Virtual Dementia Training presented by Denise L. Falco (M.Ed),
Community Relations Manager at Provision Living



Social: 6-6:15 p.m.
Dinner, General Membership Meeting,
Election of 2019 Officers and Presentations: 6:15-8:30 p.m.
Open to BCMS Members/Spouses (no charge)

**RSVP and Entree Choice (menu choices listed on website)
Required by Friday, Aug. 17, 2018**

Email your RSVP and entree choice to bcms@socket.net, submit by phone at 800-869-6762
or online at www.boonecountymedicalsociety.org/rsvp

**BCMS Officers for 2019 will be elected
during the General Membership meeting!**

In support of improving patient care, this activity has been planned and implemented by Washington University School of Medicine in St. Louis and The Charles F. and Joanne Knight Alzheimer's Disease Research Center. Washington University School of Medicine in St. Louis is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Credit Statement: Washington University School of Medicine in St. Louis designates this Enduring material for a maximum of 1 AMA PRA Category 1 Credits™. Learners should claim only the credit commensurate with the extent of their participation in the activity.

New Look For BCMS Website!

[HOME](#)[BECOME A MEMBER](#)[MORE...](#)

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[Learn more about BCMS and membership.](#)

The BCMS website, www.boonecountymedicalsociety.org, has undergone a significant transformation. The goal of the website is to provide our members with relevant information that allows them to stay up to date with society meetings and events. Members may also use the website to RSVP for general membership meetings and CME activities. The new site is mobile friendly, and should display well with your smart phone and tablet, as well as your PC. As time allows, please visit the website. If you have feedback, send it to bcms@socket.net.



Tweet, tweet

BCMS is now on Twitter! Please take a minute to follow us @BooneMedSociety!



Follow Boone County Medical Society on Facebook, too!

BCMS Announces

New Benefit for Members

BCMS is pleased to announce a new partnership to provide its physician members, as well as their families and employees, access to affordable legal services and identity-theft protection packages. Medical society members can obtain discounts on monthly subscription plans offered by LegalShield and its companion company, IDShield.

To learn more about these packages or to enroll, visit www.legalshield.com/info/bcms

Members can talk to a lawyer (in Missouri, services are provided through a Missouri firm, Dubail Judge www.dubailjudge.com), on any personal or business legal matter, no matter how trivial or traumatic, without worrying about hourly costs.

Since 2003, LegalShield has provided identity-theft protection services through IDShield with Kroll, the world's leading company in ID Theft consulting and restoration.

Also available are Small Business LegalShield plans to protect your practice. Packages are specially priced and available per the size of your practice (10 or fewer, 50 or fewer, or 100 or fewer employees).



For those members, employees, or family members who have an outside source of income with no employees, such as rental property, LegalShield is offering a Home Business Supplement for our members.

BCMS members may enroll themselves, their families or their employees (as an employee benefit) in either LegalShield or IDShield plans at a discounted rate. The best rates are available when you purchase featured plans including both Legal and ID services. Details online at www.legalshield.com/info/bcms.

BCMS Welcomes New Member!



Ashraf S. Abou El Ela, MD
Cardiothoracic Surgery
One Hospital Drive, MC 413
Columbia, Mo. 65212

BCMS Memberships, 2019 Dues Schedule

BCMS is a component society of MSMA, therefore, you must belong to MSMA in order to be a BCMS member. Find MSMA's dues schedule online at www.msma.org.

Active: Limited to those MSMA and BCMS dues-paying members who hold a license to practice as a physician or surgeon under the laws of the State of Missouri.

Honor: Active members who have reached advanced years, retired or become incapacitated and are unable to continue their active practice of medicine.

Honorary: Individuals (do not have to be physicians) who have distinguished themselves by special investigational work or personal sacrifice in the cause of medicine.

Resident: Members of the Resident and Fellow Section who are serving a full-time postgraduate training program approved by the AMA or the AOA.

Student: Reside in Boone, Howard or Cooper counties; limited to members of the medical student section who are pursuing a course of study leading to the degree of Doctor of Medicine or Doctor of Osteopathy.

Associate: Health-related professionals not provided for in other categories of membership who wish to become members of BCMS. They also must join MSMA in order to be eligible for BCMS membership.

BCMS 2019 Dues Schedule

Boone County Active: \$225.00

Boone County second-year practice: \$112.50

Boone County first-year practice: \$56.25

Boone County Resident, Retired, Student: No BCMS dues

Boone County Associate: \$120.00

Happy Birthday BCMS Members!

William K. Wikelmeyer	July 1
H.Dennis Dierker	July 1
Sidlee Leeper	July 2
Brent M. Parker	July 3
Holly Monroe	July 4
William Woods	July 6
Steven T. Fogel	July 7
James M. Koch	July 7
Terrence Ryan	July 8
Amy Zguta	July 14
Nicholas Golda	July 16
Trung Tran	July 16
Don Liu	July 17
Mark Adams	July 18
Pamela J. Honeycutt	July 20
Gregory H. Croll	July 21
Thomas Meyer	July 22
Edwin Long	July 23
Nicholas Madaffer	July 23
Michael J. Friedman	July 26
John Zygiel	July 28
Z.A. Ajans	July 28
Bokkwan Jun	July 28
Jonathan Dyer	July 31
Rene Boulicault	July 31
Eric Barnes	July 31

John W. Cowden	August 1
Garth S. Russell	August 4
Debra Koivunen	August 4
Donald J. Meyer	August 5
John A. Pardalos	August 12
Bruce J. Gordon	August 19
John DeSpain	August 21
M.R. Gaitonde	August 21
George P. Wilson	August 25
Matthew Lavelle	August 26
Dale F. Vaslow	August 27
Lawrence Lampton	August 29

BCMS Events

Sept. 4, 2018

Provision Living, 2333 Chapel Hill Road

Board Meeting, 5:30 p.m.

CME/General Membership Meeting Social, 6 p.m.

General Membership Dinner and CME Presentation 6:15 p.m.-8:30 p.m. RSVP required. See page 6 for details.

Oct. 2, 2018

Columbia Orthopaedic Group Conference Room

Board Meeting, 5:30 p.m.

Nov. 6, 2018

Location: TBD

Board Meeting, 5:30 p.m.

Fall DIG Meeting, Social 6 p.m., dinner at 6:15 p.m.

Presentation from FBI Agent Chad John, 6:30 p.m.

Dec. 4, 2018

Columbia Orthopaedic Group Conference Room

Board Meeting, 5:30 p.m.

Jan. 8, 2019

Columbia Orthopaedic Group Conference Room

Board Meeting (with 2018 and 2019 officers and board members), 5:30 p.m.

BCMS Gala 2019 Update

We received word on Friday, Aug. 10, that the Country Club of Missouri will not be able to host our Gala on Feb. 2, 2019, due to a kitchen renovation project that will take place over the winter. We are working to secure a new venue and will keep members informed as details become available.



BCMS Retired Physicians

The retired physicians group meets at noon on the third Wednesday of each month at Arris Pizza, 1020 E. Green Meadows (near Kohl's) in Columbia.

Upcoming meeting dates are: Aug. 15, Sept. 19 and Oct. 17.

Lunch is Dutch treat, and you do not need to RSVP to attend.

