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PRESCRIPTIONS BOONE COUNTY MEDICAL SOCIETY THE PROPERTY OF T



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BOONE COOPER HOWARD

ONE COUNTY MEDICAL SOC



Prescriptions is published bi-monthly members of BCMS (physician members in Boone, Cooper and Howard Counties). Deadline for submission of materials is the 15th of each month preceding publication.

MISSION:

The Boone County Medical Society's mission is to support the physicians of Boone, Howard and Cooper Counties and others across the State of Missouri in their efforts to provide high quality patientcentered care.

VISION:

The Boone County Medical Society will be an indispensable unifying voice for the physicians in Boone, Howard and Cooper Counties in:

- Providing high quality continuing medical education.
- H Advocating for the physicians and patients of Boone, Howard and Cooper counties as well as others across the State of Missouri and
- # Providing mentorship for the next generation of physicians through professional development and active participation in organized medicine.

VALUES:

embrace the values of leadership, professionalism, collegiality, advocacy, transparency, inclusiveness and fairness while pursuing its vision and mission.

OFFICERS

President

Frederick Fraunfelder, M.D., M.B.A.

President Elect

Josh Hamann, M.D.

Secretary

Mohammad Agha, M.D.

Treasurer

Alan Hillard, M.D.

Immediate Past President

Raghav Govindarajan, M.D.

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MU AMA-MSS BCMS Liaison

Scott Berndt

MSMA

Joseph Corrado, M.D., President-Elect Jerry Kennett, M.D., Jerry Murrell, M.D., Past-Presidents George Hubbell, M.D., Lisa Thomas, M.D., Councilors, Dist. V

> AMA Council on Legislation & MSMA Council on Judicial and Ethical Affairs

Jerry Kennett, M.D.

AMA Council on Judicial and Ethical Affairs

David Fleming, M.D.

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PRESIDENT'S MESSAGE



2018 Boone County Medical Society President's Message

The Boone County Medical Society (BCMS) is well positioned to maintain a strong presence in the Midwest as we have a relatively large and active membership. In addition, we are financially solvent and able to give generously to the causes our membership cares most about. At the BCMS Gala at the Country Club of Missouri on January 20, 2018, we recognized our 3 scholarship recipients being awarded to deserving medical students and residents. In addition, we honored Dr. Muscato as the Distinguished Physician of our society for 2018.

BCMS supports local charities, sponsors CME events, mentors medical students, provides seminars for residents, and participates in advocacy in the Missouri legislature. Together, with my board and committee members, we will strive to represent Missouri physicians and advocate for our membership across the state in conjunction with the Missouri State Medical Association (MSMA). Membership in BCMS also means membership in MSMA and we work closely with this organization every year.

The goals for BCMS in the upcoming year are to keep what is good and improve in some key areas. There is an opportunity to include physicians at the resident level as they are the future of medical care in the Midwest. With this in mind, BCMS will approach house staff in training and encourage departments to sponsor membership for all residents in every subspecialty.

BCMS has investments that support our mission and also provide medical student scholarships. As good stewards of these donations we will work closely with financial advisers to protect these investments and improve them for future generations.

Continuing medical education is an important goal for this organization and keynote speakers are scheduled for the upcoming year that will inform and, in some instances, provide CME credits. It is my hope these events are informative and also fun. With this in mind, we plan to cater with the best food, and the company will be stellar, as BCMS members are interesting colleagues and a good place to network.

Please let the board of BCMS know of any issues that need to be addressed as we are very happy to hear from membership and want to have our organization to continue to be the best in the Midwest.

Frederick (Rick) Fraunfelder, MD, MBA 2018 Boone County Medical Society President

2018 BCMS OFFICERS & BOARD



Frederick Fraunfelder President Ophthalmology Mason Eye Institute



Josh Hamann Pres Elect Orthopaedic Surg Columbia Ortho Group



Mohammad Agha Secretary PM&R – MU



Alan Hillard Treasurer Radiology Columbia Radiology



John Pardalos Neonatology MU Children'sHospital



Larry Lampton IM –Central MO Med Assoc.



Amy Zguta Ophthalmology Col Eye Consult



Lisa Thomas Psychiatry MO Phys Health



Laine Young-Walker Psychiatry MU



Trey James Internal Medicine Boone Hospital



Quinn Johnson Anesthesiology MU

LETTERS TO THE EDITOR



The State Historical Society of Missouri is pleased to accept your recent gift of the following collection:

Boone County Medical Society 2017 Newsletters.

Thank you for helping us preserve our state's rich history.

Sincerely,

Elizabeth E. Engel, CA Senior Archivist The State Historical Society of Missouri



On behalf of everyone at the Missouri Physicians Health Program (MPHP), thank you for your generous donation of \$500 dated December 20, 2017.

Your donation supports our mission to be available to all Missouri physicians, residents and medical students, as well as their colleagues regarding issues that may potentially jeopardize their safe practice of medicine, their careers, and possibly their lives. It also allows us to continue our important educational outreach.

Thank you for your gift that helps to keep this avenue of help and healing available.

Warmest regards,

Lisa Thomas, MD, MA Medical Director

Robert Bondurant, RN, LCSW Executive Director



TO: Raghav Govindarajan, M.D., President

Thank you for your November 7 letter regarding the selection of Katherine Kaeppler as the 2017 recipient of the Dr. Roland P. and Virginia Ladenson Scholarship. She is clearly another outstanding medical student with a promising future in primary care medicine. Our father and mother would be very pleased about her recognition.

My brother, sister and I remain very grateful to the Boone County Medical Society for its conscientious stewardship of this scholarship fund in our parents' memory. In addition to your thoughtful attention to the awardee selection process, we are pleased to know that the fund principal has been invested so wisely. Enclosed is a contribution which my wife Martha and I hope you will add to the corpus.

With our warm appreciation and best wishes for Thanksgiving.

Sincerely,

Paul W. Ladenson, M.D. John Hopkins University Dept. of Endocrinology and Metabolism



Dear BCMS:

Thank you for supporting MUlation 2018. Your donation will have a lasting impact on medical student education and development. Again thank you for supporting MUlation 2018.

Sincerely, MUlations 2018 Planning Committee

LETTERS TO THE EDITOR

Ladenson Scholarship Recipient

To: Boone County Medical Society



Katherine Kaeppler

Thank you so much for your generous scholarship! Your support means a lot to me, not only financially but also because it shows you believe in me and my generation of physicians. I will work hard to honor the values of this scholarship and make the BCMS proud!

Sincerely

KATIE KAEPPLER

BCMS Scholarship Recipient



Nathan Beckett

I am appreciative for the consideration and for the opportunity to apply. To be selected by the Boone County Medical Society Scholarship Committee is an exciting and invigoration honor. I am exceeding grateful and cannot thank you all for this privilege and for the support. I would be pleased to join you all for the Gala and will RSVP when the invite is received.

Sincerely,

Nathan Beckett

BCMS Scholarship Recipient



Prarthana Pate

Hello.

Thank you so much for offering me this wonderful scholarship. I truly appreciate it. I am honored to have received this amazing award. It will definitely assist greatly with my expenses here at UMXXC as I continue my journey as a medical student. I might be able to attend your Gala in January. I will keep you updated.

Thank you again for this scholarship. Please let me know if there is anything you need from my side before the dinner/presentations.

Sincerely

Prarthana Patel University of Missouri – Kansas City



WHAT'S UP DOC

NEW MEMBERS TO BCMS

Salman Sawar Internal Medicine
One Hospital Drive
Columbia, MO 65212

Filbert Nguyen Ophthalmology One Hospital Drive EC211 Columbia, MO 65212

Jason Rodier Ophthalmology One Hospital Drive EC211 Columbia, MO 65212

Nathan Hesemann Ophthalmology One Hospital Drive EC211 Columbia, MO 65212

Erica Ballard Ophthalmology One Hospital Drive EC211 Columbia, MO 65212

Megan Clark PM&R 28500 E. Pink Hill Dr. Independence, MO 64057

Wayne Davis
3600 Amron Court
Columbia, MO 65202

Tabitha Galloway Otolaryngology One Hospital Drive Columbia, MO 65212

Jussur Kaifi Thoracic Surgery One Hospital Drive Columbia, MO 65212

Diego Aveall PatinoOne Hospital Drive
Columbia, MO 65212

Kristen L. Fernandez Dermatology 1020 Hitt Street Columbia, MO 65212

Emily Smith Dermatology One Hospital Drive MA111 Columbia, MO 65212

Ellen Thomas Ob/Gyn 303 N. Keene #404 Columbia, MO 65201

Daniel Jackson Maternal/Fetal 500 North Keene #405 Columbia, MO 65201

Robert Buffaloe Family Practice 308 S. Church Fayette, MO 65248

Raul Castillo Anesthesiology One Hospital Dr 3w-27 Columbia, MO 65212

Lance Faler Diagnostic Rad. 311 N. Keene Columbia, MO 65201

Elizabeth Malm-Buatsi Ped Urology #301 McHaney Hall One Hospital Drive Columbia, MO 65212

Albert Hsu Reproductive Endocrinology 500 N. Keene #203 Columbia, MO 65201

Congratulations on becoming a part of your local medical society. We encourage you to participate in our activities and meet some of our members.



PLANT TODAY, EAT TOMORROW

Leslie Meyer BCMSA President

Guilty! Yes, I am guilty of feeding my kids hot dogs and boxed mac and cheese during those rushed years when we were hustling from soccer, to violin lessons, to swimming. Easy, attractive meals that I realized years later, were not providing my kids with essential nutrients. The diet changed during their high school years. I introduced whole grains (brown rice replacing white rice), more veggies, leafy greens. The transition was necessary, but it was not peaceful. In the end, I prevailed! Today my adult kids all make it a priority to consume healthy foods - a couple of them even turned pescatarian. They learned that

food is what fuels your body and brain. Thankfully, current new parents are much more informed and make better choices for their kids. However, healthy food can be expensive. Good quality fruit and vegetables can only come from soil rich with nutrients that will be passed on to the plants we eat; and it can be pricey and out of



Fast forward to 2013 when I was thrilled to discover a terrific organization, right here in Columbia, that was growing fruit and vegetables and donating to the local food pantries. The Columbia Center for Urban Agriculture (CCUA), founded in 2009 by a visionary team who believed we could grow top quality produce within our city to increase accessibility of healthy food. CCUA's Urban Farm on Smith street is also a center of education for our elementary schools. In addition, their Opportunity Gardens Program provides the tools and know-how to low income Columbia residents so they can grow wholesome food in their own backyard.

And guess what? CCUA is partnering with Columbia Farmers Market and the city to build an Agriculture Park! The park will expand CCUA's reach and improve its educational facilities, including an industrial teaching kitchen. The project on Clary-Shy Park, the land adjacent to the ARC, is breaking ground this spring thanks to many generous supporters who helped raise the initial funds. Now we need YOU! We need your financial support, AND we need your wisdom and input as we formulate the programming that will take place at the Agriculture Park.

Let's plant a legacy today so that many can eat tomorrow.

Leslie Meyer

BCMSA President Build This Town Steering Committee



JANUARY / FEBRUARY

1/05	Danid Wassa Manatan
-,	David Wayne Moreton
1/07	Mohammad Agha
1/08	Robert E. Frazier
1/10	Jerry D. Kennett
1/10	Terry Lynn Ray
1/10	Gordon Christiansen
1/15	Elizabeth James
1/17	David E. Payne
1/17	Richard Heimburger
1/18	Mark Wakefield
1/18	Emily Guyer
1/19	Lynn D. Mitchell
1/19	William Cass
1/20	Dan L. Pierce
1/21	Elizabeth Early
1/24	Kimberly Morse
1/25	Pradeep Bollu
1/26	Georgia B. Nolph
1/29	Chia-Wai D Chang

2/10 Kan Huang

2/11 Alan E. Hillard

2/11 Hung Winn

2/13 Roland E. Lohmar

2/20 Robert E. McDavid

2/20 David Hinds

2/21 Jerry R. Blair

2/22 H.T. Lee

2/27 David L. McLaren

MONTHLY RETIRED PHYSICIAN LUNCHEON

Retired physician luncheon meets on the 3rd Wednesday of each month at 12:00PM (noon)

Arris'

1020 E Green Meadows #102 Columbia, MO 65201

No reservation needed, just show up.

JOSEPH MUSCATO, MD BOONE COUNTY MEDICAL SOCIETY DISTINGUISHED PHYSICIAN AWARD - 2017



Joseph and Mary Muscato

On January 20, 2018 during their annual Gala the Boone County Medical Society awarded to Joseph Muscato, MD their Distinguished Physician of the Year Award.

In his nomination letter Dr. Mary Muscato states:

"Joseph Muscato has made a significant contribution to medicine in Boone and surrounding counties as the founder of Missouri Cancer Associates (MCA) in 1982. It was then called Hematology-Oncology Associates of Columbia and he started it as a solo practice. Soon it grew to an 11 physicians group. In addition Radiation Oncology joined MCA with 6 more physicians.

Dr. Muscato is a Fellow of the American College of Physicians (ACP) and has received the following awards: Outstanding Young Internist from the Missouri ACP; The Laureate Award from the Missouri ACP; Best Doctors in America – multiple years

He has been on the Council of the Missouri ACP, locally been in charge of Medical Oncology at Boone Hospital Center, been in charge of the Cancer Committee, Tumor Board and is currently the Medical Director at Boone Hospital Center of the Stewart Cancer Center. He was instrumental in starting the official state affiliate of the American Society of Clinical Oncology (ASCO) in the 1990s—originally it was called the Missouri Society of Clinical Oncology but is currently called the Missouri Oncology Society of which he

was President for many years and continues on their Board of Directors. As part of this he also served on the Clinical Practice Committee of ASCO and was on the Carrier Advisory Committee for J5 contractor for Medicare.

He has been teaching medical students physical diagnosis and how to care for patients for many years. He has been the lead researcher at MCA for CALGB, US Oncology research and has given numerous talks about various types of cancer for years.

Dr. Muscato has been in practice for 36 years, the first year being on the faculty at the University of Missouri, Division of Hematology/Oncology then he started up Missouri Cancer Associates in 1982."

Dr. Muscato has been married to Dr. Mary Slotsky Muscato for 45 years and they have three sons, Jeffrey, Andrew and David.

Dr. Muscato's education: AB, Political Science, magna cum laude with honors, from the University of Pennsylvania; MD from the University of Pennsylvania; Residency, Internal Medicine from University of Missouri, Columbia (Medical Resident of the Year for all three years) and he did his Fellowship, Hematology and Medical Oncology at Duke University Medical Center.

He holds memberships in: American College of Physicians, American Society of Clinical Oncology, Missouri State Medical Association, Boone County Medical Society, Missouri Society of Clinical Oncology (past President) and Missouri Oncology Society (past President).

He holds certifications with the National Board of Medical Examiners, American Board of Internal Medicine, American Board of Internal Medicine (subspecialty of Hematology) and the American Board of Internal Medicine (Subspecialty of Medical Oncology).

He has written or co-written 15 articles and 12 abstracts.

CONGRATULATIONS DR. MUSCATO



Missouri State Medical Association 160th Annual Convention

March 23-25, 2018 | Renaissance St. Louis Airport Hotel

www.msma.org/annual-convention

6:30 am-4:00 pm Convention Registration

Exhibit Hall Opens/Continental Breakfast for all Conferees

MSMA General Session

MSMA General Session

MMPAC Meeting

Exhibit Hall Closes

CME Programs, Lectures & Meal Functions

Alliance General Assembly - Session II

International Medical Graduate Section Meeting

Saturday, March 24

7:00 am

All Day

7:00 am

8:00 am

8:30 am

10:00 am 10:00 am

10:30 am

Pre-Convention Meetings

Thursday, March 22

2:15 pm	MSMA Insurance Agency Board Meeting
3:30 pm	MSMA Executive Committee
3:30-6:00 pm	Convention Registration
3:30-6:00 pm	Exhibitor Setup & Registration
5:00 pm	MSMA Council Meeting
6:30 pm	Alliance Dutch Treat Dinner

6:30 pm **MSMA Council Reception & Dinner**

Convention Meetings

5:00 pm

5:30 pm

7:00 pm

7:00 pm

Friday, March 23		12:30 pm	Alliance Installation Luncheon
6:30 am-4:00 pm	Convention Registration	1:00 pm	AMA Issues
6:45 am	Moneta Breakfast	1:00 pm	Resident and Fellow Section/Young Physicians
7:00 am Exhibit Hall Opens/Continental			Section Program
	Breakfast for all Conferees	1:30 pm	MSMA General Session
8:00 am	Opening Session	2:00 pm	Resident and Fellow Section Meeting
	MSMA House of Delegates	2:00 pm	Young Physician Section Meeting
8:30 am	Alliance Board Meeting	2:30 pm	Missouri State Medical Foundation Meeting
10:00 am	Alliance General Assembly - Session I	2:30 pm	Alliance Board Meeting
10:00 am	Reference Committee A	3:00 pm	Component/Specialty Society
10:30 am	Reference Committee B		Leaders Meeting
11:00 am	Missouri Physicians Health Luncheon & Meeting	3:30 pm	OMSS Educational Session
11:30 am	"Spirit of the Alliance" Awards Luncheon	5:15 pm	Reception: 50-Year Pin Recipients &
Noon	SLMMS Caucus & Luncheon		MSMA Past Presidents
Noon	KCMS Caucus & Luncheon	6:30 pm	MSMA Presidential Inauguration
1:30 pm	MSMA General Session	7:30 pm	MSMA Presidential Reception
3:30 pm	MSMA General Session		Entertainment, Hors d'oeuvres & Cash Bar
4:00 pm	Medical Student Section Meeting		
4:30 pm	Alliance Past President's Reception	Sunday, March 25	
		7.00	D: 1: 1 D

Complete Program at www.msma.org/annual-convention

OMSS Business Meeting

Medical School Alumni Receptions

Alliance Foundation Fundraiser/Dinner

Resident and Medical Student Mixer

Subject to Change. Refer to Convention O翻 cial Program for times and meeting locations. All meetings held at the Renaissance St. Louis Airport Hotel unless otherwise noted. Updates on CME program, lectures, and meal functions at www.msma.org/annual-convention. For more information, contact MSMA's Benita Stennis, at 800-869-6762 or bstennis@msma.org.

7:00 am District Breakfasts & Caucuses 8:15 am Second MSMA House of Delegates Immediately MSMA Council Meeting Following

Convention is EARLY! Make Hotel Reservations Now!

www.msma.org/convention-registration-lodging Call Renaissance St. Louis Airport Hotel

1-800-468-3571

Group rates available until February 26, 2018. Rates start at \$100 per night plus charges and taxes. If calling, mention "MSA."

BOONE COUNTY MEDICAL SOCIETY GENERAL MEMBERSHIP MEETING

DRUG INDUCED OCULAR SIDE EFFECTS

By

FREDERICK FRAUNFELDER, MD

Department Chair, Mason Eye Institute President, Boone County Medical Society

Join Dr. Fraunfelder for the following learning objectives:

- 1. Identify common drug related eye diseases.
- 2. Learn how to manage medication induced eye side effects.
- 3. Navigate Medico legal issues on this subject.

Tuesday, March 6, 2018

Social (6:30-7:00) Dinner, Business Meeting and Presentation (7:00-9:00)

BOONE HOSPITAL CENTER, CONFERENCE ROOM C, 1600 E. BROADWAY, COLUMBIA

RSVP Required by March 1, 2017

To Boone County Medical Society 573.814.1894 website: www.boonecountymedical.society.org email: bcms @socket.net

Guest night for Boone County Medical Society Alliance Doctor's Day Raffle