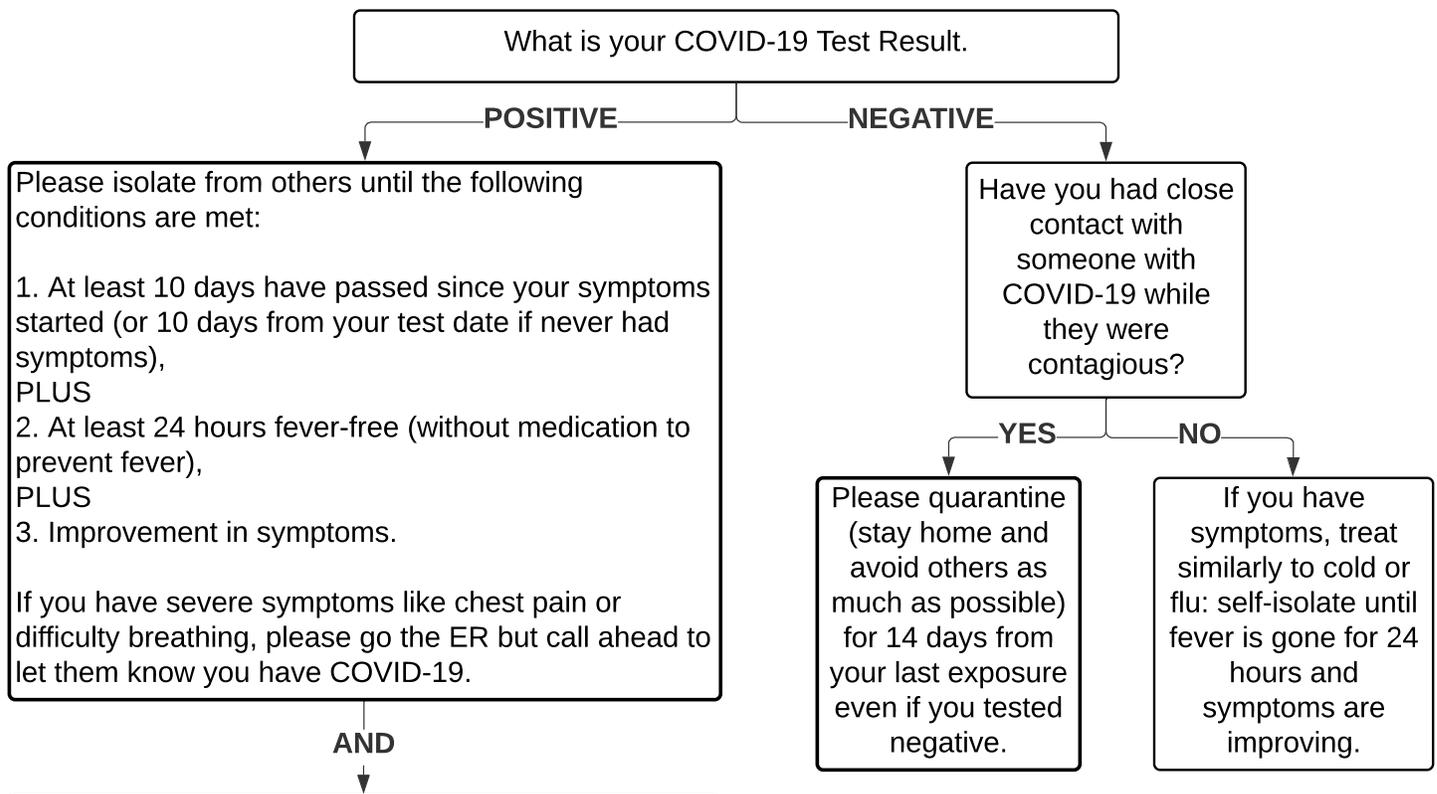


COVID-19 TESTING SITE GUIDANCE FROM COLUMBIA/BOONE PHHS

- ▶ While awaiting your test results, stay home and isolate from others as much as possible.
- ▶ Due to high numbers locally, our local health departments may NOT be calling to investigate all COVID-19 cases so please follow the below guidance.
- ▶ If you have severe symptoms like chest pain or difficulty breathing, please go the ER but call ahead to let them know you may have COVID-19.



AND

Please notify your close contacts of their potential exposure:

- ▶ Close contacts are people you had direct physical contact with or were less than 6 feet for greater than 15 minutes during your period of being contagious (2 days prior to symptom onset or 2 days prior to test date if no symptoms)
- ▶ It's recommended that close contacts quarantine (stay home and avoid contact with others) for 14 days from their last potential exposure, even if they have a negative test. Our local health departments are trying to reach as many cases and contacts as possible but may not be able to call all cases and contacts due to the high numbers at this time.

Videos with this guidance:

- ▶ If you test positive: <https://youtu.be/yVmTQOal6SU>
- ▶ If you are a close contact: <https://youtu.be/jpVVokLBO6Y>

Additional information with FAQ's::

- ▶ <https://www.como.gov/health/novel-coronavirus-2019-covid-19/>
- ▶ Columbia/Boone PHHS will be sending information to cases and contacts even if not able to reach all by phone.